

HCC



Hernando Community Coalition



Visit our website: www.hernandocommunitycoalition.org

NEWS

Spring 2017



352-596-8000

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2017 HCC Meetings

Join Us!

Time: 10:30 AM

Location: NAMI Hernando

10554 Spring Hill Drive, Spring Hill, FL 34608

April 5, 2017

August 2, 2017

December 6, 2017

2017 Legislative Committee Meetings

Time: 330pm

Location: Westbridge Treatment Center
7300 Grove Road, Brooksville, Florida 34613

May 3rd

July 5th

September 6th

Nov 1st

2017 Tobacco Free Partnership Meetings

Time: 4:45 pm

Location: 7551 Forest Oaks Blvd,
Spring Hill, FL 34606

May 17th

August 16th

November 15th



Friday, April 7th @ 12:00 pm

Human Resources Industry Networking Event!



Special Guest Speaker:

Amy Ronshausen, Deputy Director
Drug Free America Foundation, Inc.
and Save Our Society From Drugs

**"Medical Marijuana in the
Workplace"**

Register:

www.HernandoChamber.com

For more info: 352-796-0697



Hosted By:



**\$15 Pre-Registered/
Members
\$20 Non-Members/
At-the-Door**

**13031 Cortez Blvd
Brooksville FL 34613**

**Hernando County Community Anti Drug Coalition/
Hernando Community Coalition named organization
of the month in April 2017 by Staywell/Wellcare!**

***Congratulations Members!
Thank you for your continued dedication!***

NOW AVAILABLE!


Finding help for yourself, a friend, a family member, or a loved one can be difficult. The Hernando Cares Resource Guide has a list of service providers to help those in need.

HERNANDO CARES

BEHAVIORAL HEALTH
RESOURCE GUIDE







RESOURCE GUIDE FOR MENTAL HEALTH AND/OR SUBSTANCE ABUSE SERVICES.

hope / restoration / relief



HERNANDOCARES.ORG

Hernando Cares Prevention Partnership



The guide was developed by the Hernando Cares Prevention Partnership:

Jennifer Siem- Systems Director of Marketing, Bayfront Health Network in Hernando County

Tresa Watson- Executive Director, HCCADC/HCC

Tina Kinney- Executive Director, NAMI Hernando

April Johnson- Community Engagement Coordinator, Dawn Center

Matt Walters- Service Coordinator, New Vision at Bayfront Health Brooksville

Dr.Eddie Williams, Ed.D, LMHC, NCC, CAP, Instructor- Human Services, Pasco Hernando State College

Help Us Spread the Word... I Steer Clear



AAA Foundation reports, "Fatal crashes involving drivers who recently used marijuana doubled in Washington after the state legalized the drug, according to the latest research by the AAA Foundation for Traffic Safety. New research also shows that legal limits for marijuana and driving are arbitrary and unsupported by science, which could result in unsafe motorists going free and others being wrongfully convicted for impaired driving." With medical Marijuana just passing in the State of Florida, the need to be proactive to possible increases in driving impairment is necessary.

Impaired driving is an on-going problem throughout the nation. In the State of Florida, there were 16,400 alcohol-related suspected crashes and 1,990 drug suspected crashes in 2015, (Florida Department of Highway Safety and Motor Vehicles). In 2015 in Hernando County, there over 100 alcohol crashes. In 2014, there were nearly 300 DUI arrests in the county per the Florida Department of Law Enforcement. In 2016, 15.4% of Hernando County high school students reported riding in a car with someone who had been drinking and 23.6% riding in car with someone under the influence of marijuana in the past 30-days, (Florida Youth Substance Abuse Survey). In the 2014/2015 Community Teens Norm Survey, 12% of high school students reported driving a car after drinking. Of the youth who reported riding in car with someone who had been drinking, more youth reported riding with a family member than a friend. In January and February of 2015, the Coalition partnered with the District's DUI school to survey Hernando offenders on if they were under the influence of drugs the day of the arrest. 8% reported they had used marijuana and 4% used prescription narcotics.

Take the pledge! No alcohol for teens at your house!
No One's House is a safe place for teen drinking.

Pledge Here!





2017 Mental Health First Aid Trainings

Available for FREE in Hernando County

MHFA is an 8 hour public education course that introduces participants to the risk factors and warning signs of mental illnesses; including anxiety, depression, substance use, bipolar disorder, eating disorders, and schizophrenia, builds understanding of their impact, and provides an overview of common supports. Participants who have attended and received their certifications as “Mental Health First Aiders” have stated to have learned new techniques to stay calm in offering aid to someone who is living with a mental health disorder, to not have judgment, the link between tobacco use and mental health illness.

To attend a FREE training, call 352-596-8000 for more information.

April 21, 2017- NAMI Hernando

May 18, 2017- BayCare Behavioral Health

June 16, 2017- NAMI Hernando

August 17, 2017- BayCare Behavioral Health

September 15, 2017- NAMI Hernando

October 19, 2017- BayCare Behavioral Health

November 18, 2017- NAMI Hernando

December 14, 2017- BayCare Behavioral Health

COSTS AND CONSEQUENCES OF NONMEDICAL OPIOID USE IN FLORIDA

Exerts from the Statewide Policy Advisory Council 2016 Annual Report

Since 2000, the rate of deaths from drug overdoses has increased 137 percent, including a 200 percent increase in the rate of overdose deaths involving opioids (opioid pain relievers and heroin). In Florida, 1,967 deaths were caused by at least one opioid in 2014. This means that at least five lives per day are lost to opioid overdose in Florida.¹ The number of deaths in 2014 caused by motor vehicle crashes (2,402) and firearms (2,375) were less than deaths caused by prescription drugs, illicit drugs and alcohol detected in 8,587 decedents.

Total societal costs of prescription opioid abuse in the United States were estimated at \$55.7 billion in 2007 (with workplace costs accounting for 46 percent, health care costs accounting for 45 percent, and criminal justice costs accounting for 9 percent).⁵

Prescription opioid overdoses result in 830,652 years of potential life lost before age 65.

In 2011, there were 1,563 instances of newborns diagnosed with drug exposure in Florida, a three-fold increase since 2007 – and neonatal abstinence syndrome (NAS) is still widely believed to be an under reported problem. NAS is a postnatal drug withdrawal syndrome in newborns caused primarily by in utero exposure to opioids. Between 2010 and 2015, the number of cases of NAS in Florida have increased by 86 percent (from 1,336 to 2,487)

The prescription drug abuse epidemic is fueled in part by a minority of prescribers who over-prescribe or otherwise deviate from standards of practice. Prescribers who deviate from accepted standards of practice or whose prescribing is unusual or uncharacteristic for their specialty are considered at-risk prescribers.¹¹ In Florida, the top 10 percent of prescribers account for approximately 64 percent of all prescribing.

READ THE FULL REPORT HERE.

Thank You Vendors!

Throughout the year, the Hernando County Sheriff's Office and the Brooksville Police Department conduct compliance checks in Hernando County, operations where underage youth attempt to purchase alcohol from vendors. We would like to thank vendors who did the right thing and did not sell alcohol to youth in February 2017.

- 7-11: 15310 Cortez Blvd, Brooksville, FL
- Circle K: 14195 Elgin Blvd, Spring Hill, FL
- Cumberland Farms: 5244 Mariner Blvd, Spring Hill, FL

Deterra Bags



The HCC is providing FREE Deterra Drug Deactivation Systems for Hernando residents. This is a simple and painless means for those in the community are willing to do their part to reduce prescription drug abuse and the availability of prescription drugs in medicine cabinets to children, teens, and others visiting in your home, as well as better the environment.

Call the office 352-596-8000 to make arrangements to get your free Deterra drug kit and to insure the office is open.

2017 Friday Night Done Right Events

It could be dodgeball, kickball, flag football or a glow-in-the-dark sports night, but whatever the first Friday of the month is, it's Friday Night Done Right including prizes, giveaways and snacks. Since most Hernando County teens — 74 percent — don't drink alcohol when hanging out with friends, you can be sure this will be a safe environment to hang out and have fun! Come join us for **teens in grades 6-12!**

**All events are from 7-9 p.m at the
Hernando County YMCA**

2017 Events:

APRIL 7: Swim Night

MAY 5: Tye Dye Event

JUNE 2: Badminton tournament

SEPT. 1: Flag football

OCT. 6: Wiffleball

NOV. 3: Sand Volleyball

DEC. 1: Cook-Out Celebration



Location: 1300 Mariner Blvd., Spring Hill
ymcasuncoast.org/hernando 352 688 9622



The “Power” of SWAT Making a Difference in our County

A “Snap Shot”

Hernando Community Coalition’s Students Working Against Tobacco (SWAT) program continues to thrive and grow in their efforts to advocate a consistent message among Hernando County community members from community events, outreach meetings, in school activities, and trainings.

2017 began with our county’s state Youth Advocacy Member (YAB), Emma Buscemi; representing our region in collaboration with 3 other members from Osceola, Seminole, and Manatee County, as well as SWAT Coordinator, Jennifer Bliska, at a statewide Youth Advocacy Board retreat from January 27-29th. The youth and coordinators worked together to record a new state SWAT video soon to be released on the state SWAT website, worked as a team on selected tasks and committees in planning the future SWAT state events and activities, brainstormed themes for upcoming state calls and presentations, as well as networked to increase SWAT engagement and energy to then bring back to each of their perspective counties.

As a result, a state-wide SWAT weekend training was then approved and two youth from Hernando County will have the opportunity to attend this upcoming June 9-11th training with YAB, and join other SWAT youth from ALL of the state’s counties- an exciting way to learn and attain information to bring back to Hernando County for continued impact on anti-tobacco messaging!



Besides each of our ten schools coordinating their own continuous anti-tobacco messaging events and activities, all ten school SWAT clubs participated in February's "Through with Chew" week, a national activism effort to spread the message on the dangers of smokeless tobacco; including chew and snuff, which this year was February 19-25th. SWAT youth and advisors facilitated and coordinated a variety of events and activities within their schools raising awareness specifically on the negative effects of smokeless tobacco. A few of these events included interactive games during lunches, educational tables at school sporting events with trivia games during game intermissions, and SWAT youth posting informational posters throughout the schools depicting statistics on the dangerous effects smokeless tobacco.

SWAT youth, advisors, and SWAT Coordinator have been highly active within the community collaborating with the Hernando County Library's 5k run and Kids fun run event, the county's reading festival, a Walk and Roll 5K event for disability awareness sponsored by the Hernando County School District's Exceptional Student Support Services with Habitat for Humanity, and the American Cancer Society with their upcoming Spring Hill Relay for Life team themed, "Green Eggs and Ham, Tobacco Free I Am!"



In addition, SWAT youth, advisors, and SWAT Coordinator will be coming together in April to begin planning for the 2017-18 school year with plans on maintaining capacity and reaching above and beyond next year and taking the next step to host a regional event for surrounding counties to participate. The continuous work, efforts, and dedication to the SWAT mission is what continues to drive HCC's SWAT program resulting in the continuous **"Power of SWAT"**.